

Esophageal String Test®

The Esophageal String Test® checks how your esophagus, the tube that goes from your mouth to your stomach, is responding to your treatment for Eosinophilic Esophagitis (EoE). This procedure is done instead of an endoscopy (scope) to see if you have active disease in your esophagus. It uses the EnteroTracker® capsule, which is about the size of a TicTac or Ibuprofen tablet.

EnteroTrack.com



Before the test

- o You must be able to swallow a capsule for this procedure. If you can't, talk to your care team to learn how to swallow pills/capsules. Your doctor will place an order for the procedure.
- o The test consists of two parts. The first involves collecting the sample from your esophagus. The second involves sending the sample to the company's lab for analysis and report.
- o The procedure will be scheduled by our schedulers.

Day of the test

- o Don't eat for 2 hours before swallowing the capsule
- o Don't drink for 1 hour before swallowing the capsule
- o You can take your medicine on the day of the procedure

The information presented is intended for educational purposes only. It is not intended to take the place of your personal doctor's advice and is not intended to diagnose, treat, cure or prevent any disease. The information should not be used in place of a visit, call or consultation or advice of your doctor or other health care provider.

During the test

- You may be asked to hold the string attached to the capsule and swallow the capsule
- You'll drink water to help the capsule go down. Make sure you gulp/chug the water – don't sip! After the capsule is swallowed you may have water if needed.
- The capsule dissolves in your body. The string remains in place and collects samples
- The string will be taped to your cheek
- Once you swallow the capsule, the test takes 1 hour
- After 1 hour, we'll take the tape off, and the string will be pulled out of your mouth. It helps if you say "aaah" as the string is being pulled out.
- The string will be sent to the lab.
- During the test, please tell your team if you have an upset stomach or feel like throwing up

After the test

- Once the test is done, you can eat and drink normally and go back to normal activity
- You shouldn't have any side-effects from the procedure. Call your doctor if these happen:
 - You have trouble breathing or swallowing
 - You have chest or stomach pain
 - You have a fever
 - You have a sore throat that won't go away or can't speak